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Kim's Martial Arts students going for gold in judo, taekwondo

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Conor Driscoll and Zachary Dunois have spent countless hours training at Kim's School of Martial Arts.

Their hard work and perseverance is paying big dividends.

Both have been trained by Grandmaster Kim--Conor Driscoll is a former student while Zachary Dunois currently trains at Kim's--and both will be going for gold-medal winning performances in judo and taekwondo in two big upcoming tournaments.

Driscoll, 29, is a second-degree black belt in judo and first-degree in taekwondo. He ranks third in the U.S. in his weight class.

He has moved from the area to train at the USA Judo National Training site at San Jose State University.

Driscoll was a silver medalist at the Senior Nations tournament held recently in Myrtle Beach, S.C.

With his second-place performance, he qualified to represent the U.S. at the 2010 Judo Senior World Championships to be held in Tokyo, Japan, in September.

Dunois, meanwhile, boasts of a second-degree black belt status at age 13.

Dunois recently competed at the USA Taekwondo regional qualifier event in York, Pa., and ended up fifth in his Poomsae (forms) division.

He also brought home a third-place Kyorugi (sparring), landing a berth in the Taekwondo Junior Nationals to be held in Orlando, Fla., this summer.

Dunois has qualified for the junior national competition four times in his young martial arts career.

While both Driscoll and Dunois have put in many extra hours of training, they also always seem to find time to help out others in judo and taekwondo.

Dunois currently is helping to instruct a pee wee taekwondo program for ages 4 to 6.

Driscoll has been available to lend a helping hand to college students.